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FOR IMMEDIATE RELEASE

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OMNS Highlights the 1st ICBI Global Congress 2026 in Zurich

The Orthomolecular Medicine News Service (OMNS) is pleased to highlight the 1st ICBI Global Congress 2026, to be held October 23-24, 2026, in Zurich, Switzerland.

The congress is organized by the International Circle for Biological Implantology (ICBI), an international organization dedicated to advancing biological dentistry, ceramic implantology, biocompatible materials, and the integration of oral and systemic health.

At the center of this movement is Dr. Ulrich Volz, founder and president of ICBI, whose pioneering work has helped establish ceramic implantology and biological dentistry as important components of modern integrative healthcare.

YouTube: <https://www.youtube.com/watch?v=aKuvgdkht2g>

For decades, Dr. Volz has advocated a simple but transformative principle:

"The mouth is not separate from the body."

This concept has gained increasing scientific support as research continues to reveal connections between oral health, chronic inflammation, immune function, cardiovascular disease, metabolic disorders, neurodegenerative conditions, and overall health outcomes.

Under Dr. Volz's leadership, ICBI has grown into a global network of clinicians, researchers, and educators committed to advancing a biologically compatible and systems-oriented approach to patient care.

A Convergence of Dentistry, Medicine, and Technology

The Zurich congress reflects a broader shift occurring throughout healthcare.

Traditionally, dentistry and medicine have functioned as separate disciplines. Yet growing evidence suggests that many chronic diseases share common underlying mechanisms involving inflammation,

microbial dysbiosis, environmental exposures, mitochondrial dysfunction, immune dysregulation, and impaired tissue repair.

The 2026 ICBI Global Congress seeks to bridge these disciplines by bringing together experts in:

- Biological dentistry
- Ceramic implantology
- Integrative medicine
- Longevity and healthy aging
- Regenerative medicine
- Artificial intelligence
- Systems biology
- Environmental medicine

The meeting offers a unique forum for exploring how these fields can work together to advance patient health and disease prevention.

International Faculty

The congress will feature leading experts from Europe, North America, Asia, and beyond, reflecting the increasingly international nature of biological dentistry, ceramic implantology, systems medicine, regenerative health, and integrative healthcare.

Among the invited faculty is Richard Z. Cheng, M.D., Ph.D., Editor-in-Chief of OMNS, who will present:

Surgery Is Systemic: Why Nutrient Status, Redox Balance, and Microcirculation May Determine Healing Outcomes as Much as Surgical Technique

The presentation will explore a systems-medicine perspective on surgical healing, examining how nutrient status, redox balance, mitochondrial function, endothelial health, and microcirculation may influence recovery and long-term outcomes. Using dental implant osseointegration as one example, the lecture will discuss the concept that successful healing depends not only on surgical technique, but also on the biological preparedness of the patient.

Why This Congress Matters

Few fields illustrate the connection between local treatment and systemic health more clearly than biological dentistry and implantology.

For decades, Dr. Volz and ICBI have emphasized that successful long-term outcomes depend on more than materials and procedures. They depend on the health of the patient as a whole.


The ICBI Global Congress provides a unique international forum where clinicians and researchers from multiple disciplines can explore these connections and advance a more integrated approach to patient care.

At a time when healthcare is becoming increasingly specialized, ICBI is helping build bridges between dentistry, medicine, systems biology, regenerative medicine, and artificial intelligence.

The themes of the congress closely parallel emerging systems-medicine models that view chronic disease through interconnected networks involving metabolism, immunity, inflammation, microbiome ecology, environmental exposures, and tissue repair.

The Zurich meeting promises to be an important milestone in that ongoing effort.

Event Information

 Zurich, Switzerland

 October 23-24, 2026

For additional information and registration details:

<https://icbi-foundation.org/pages/events>

As medicine continues to evolve, organizations such as ICBI are helping connect disciplines that have too often remained separate. The future of healthcare will likely depend not only on greater specialization, but also on greater integration. The Zurich meeting represents an important step in that direction.

Reader Discussion and Questions

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