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## FOR IMMEDIATE RELEASE

Orthomolecular Medicine News Service, June 19, 2026



# OMNS Announces the International Orthomolecular Medicine Congress 2026 in Istanbul

The Orthomolecular Medicine News Service (OMNS) is pleased to announce the International Orthomolecular Medicine Congress 2026, to be held September 12-13, 2026, in Istanbul, Türkiye.

Hosted by the Orthomolecular Medicine Society Türkiye, this international congress will bring together many of the world's leading physicians, scientists, and educators in orthomolecular medicine, longevity medicine, nutritional therapeutics, cancer metabolism, mitochondrial medicine, and preventive healthcare.

Among the distinguished international faculty are:

- **Dr. Ilyès Baghli, M.D. (Algeria)**, President of the International Society for Orthomolecular Medicine (ISOM)
- **Dr. Thomas E. Levy, M.D., J.D. (USA)**, internationally recognized authority on vitamin C, cardiovascular disease, and infectious disease treatment
- **Dr. Atsuo Yanagisawa, M.D., Ph.D., FACC (Japan)**, President Emeritus of ISOM and one of the world's foremost leaders in orthomolecular medicine
- **Dr. Thomas N. Seyfried, Ph.D. (USA)**, pioneering cancer researcher and leading advocate of the metabolic theory of cancer

**INTERNATIONAL SPEAKERS**  
Global Pioneers of Orthomolecular Medicine

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**EYEB BASCHI, MD (ALGERIA)**  
President, International Society for Orthomolecular Medicine, Société Algérienne de Nutrition et de Médecine Orthomoléculaire (SANDM)  
The Integrative, Global, Multidimensional, Holistic and Personalized Therapeutic Approach in Patient Care and in the Prevention of Good Health

**ETSUO YAMAGISAWA, MD, PhD (JAPAN)**  
President, Japanese Society for Orthomolecular Medicine (JSOM) Past President, International Society for Orthomolecular Medicine (2009-2020)  
Orthomolecular Nutritional Strategies for Biochemical Preparedness

**SABINE HALPER, MD (USA)**  
Gastroenterologist, (Molecular Diagnostics, CEO of Propagational and Natural Clinical Trials, Co-Founder of Toxicity Personalized Medicine in Aging and Chronic Disease

**EBRAHIM OLSZEWSKI, MD (BRAZIL)**  
Founder, Associação Médica Brasileira de Ortológica  
Neurotransmitter Modulation in Stress, Mental Disease And in Obesity With Neuropeptides

**ANA MOREIRA, MD (PORTUGAL)**  
President of the Portuguese Society of Integrative Medicine  
OMT and Orthomolecular Medicine: Connection and Future Perspectives in Cancer

**THOMAS E. LEVY, MD, JD (USA)**  
Author & Consultant, Orthomolecular Medicine  
The Only Cause of Disease: Designing Optimal Treatment Protocols

**THOMAS H. SEYFRIED, MD, PhD (USA)**  
Department of Biology, Boston College  
Therapeutic Strategies for Managing and Preventing Cancer

**RICHARD L. CHENG, MD, PhD (USA, CHINA)**  
Editor-in-Chief, Orthomolecular Medicine News Service  
Reversal of ASCVD with Integrative Orthomolecular Systems Medicine (IOSM)

**HOMER LIM, MD (PHILIPPINES)**  
President, International Society for Integrative Medicine  
IV Therapies for Longevity & Mitochondrial Health

**JOHANN LOHOFF, MD, PhD (AUSTRIA)**  
Oncologist, Genealogist and Genetic Practitioner  
Mitochondria and Multiple Gene Therapy

Additional speakers include internationally recognized experts in microbiome medicine, longevity science, detoxification medicine, genomics, precision nutrition, and integrative healthcare.

The congress theme, "From Molecules to Medicine," reflects the continued evolution of orthomolecular medicine from its traditional emphasis on nutrient optimization toward a broader systems-based understanding of health and disease.

Topics to be addressed include:

- Orthomolecular medicine and chronic disease prevention
- Longevity and healthy aging
- Mitochondrial function and cellular energy
- Cancer metabolism and metabolic therapies
- Environmental toxicology and detoxification
- Precision medicine and genomics
- Integrative approaches to complex chronic diseases

The meeting represents an important milestone in the global orthomolecular movement. As chronic diseases continue to rise worldwide, growing numbers of clinicians and researchers are seeking

approaches that address the underlying causes of illness rather than simply managing symptoms.

Orthomolecular medicine has long recognized the central role of nutrition, biochemistry, and cellular function in maintaining health. Today, advances in systems biology, metabolic medicine, microbiome research, and environmental health are expanding that vision and opening new possibilities for prevention, restoration, and reversal of chronic disease.

Richard Z. Cheng, M.D., Ph.D., Editor-in-Chief of OMNS, will present:

### **"ASCVD Revisited: Reversal Through Integrative Orthomolecular Systems Medicine (IOM)"**

The presentation will explore a systems-based approach to atherosclerotic cardiovascular disease that moves beyond conventional risk-factor management to address metabolic dysfunction, nutrient insufficiency, oxidative stress, environmental toxic burden, and vascular integrity.

Clinicians, researchers, healthcare professionals, and students interested in the future of orthomolecular medicine are encouraged to attend.

International Orthomolecular Medicine Congress 2026

Istanbul, Türkiye

September 12-13, 2026

For additional information and registration details, please visit:

<https://ortomolekulertipkongresi.com/>

Medicine's highest goal is not merely to manage disease, but to create the conditions in which health can flourish.

## **Reader Discussion and Questions**

OMNS welcomes comments, questions, ideas, experiences, and respectful dialogue from readers, patients, healthcare professionals, researchers, and students worldwide.

We encourage participation on OMNS Interactive, where the exchange of knowledge and perspectives helps advance understanding and foster meaningful discussion.

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