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FOR IMMEDIATE RELEASE

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HHS Secretary Robert F. Kennedy Jr. Meets with Dr. Thomas E. Levy to Discuss Environmental Toxins, Nutrition and Human Health

Orthomolecular Medicine: From the Margins Toward the Mainstream



Washington, DC. June 5th, 2026. Dr. Thomas E. Levy with U.S. Health and Human Services Secretary Robert F. Kennedy Jr. at the U.S. Department of Health and Human Services.

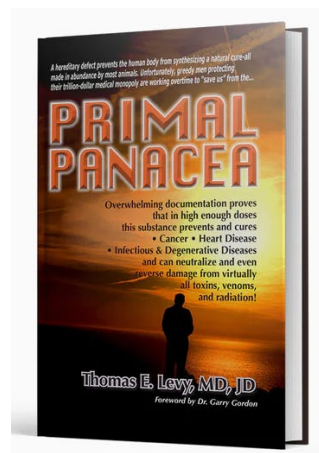
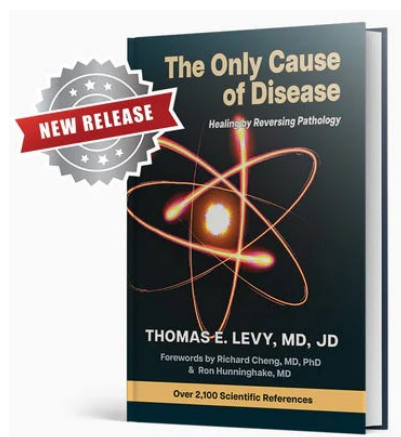
The meeting focused on environmental toxins and their implications for public health, with a focus on stopping the routine addition of iron into processed food, especially in the form of metallic iron filings.

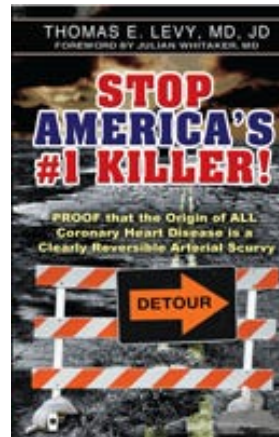
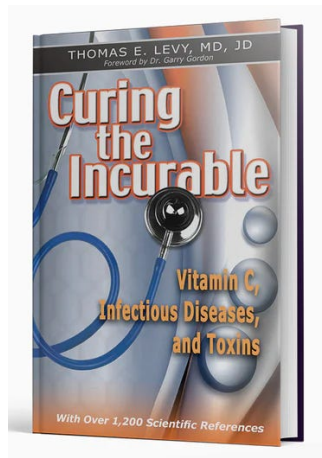
For decades, orthomolecular medicine existed largely outside the mainstream medical establishment.

Today, however, a growing body of scientific evidence linking nutrition, metabolism, chronic disease, and environmental toxins is bringing these concepts increasingly into the center of public health discussions.

Dr. Thomas E. Levy-renowned cardiologist, author of *Curing the Incurable*, Board Director of Riordan Clinic, and one of the world's leading experts on vitamin C, orthomolecular medicine, and nutritional therapeutics-today met with Robert F. Kennedy, Jr., Secretary of the U.S. Department of Health and Human Services to discuss the role of environmental toxins, nutrition and their impact on human health.

Building upon the pioneering work of two-time Nobel laureate Linus Pauling, Dr. Levy has spent decades advancing the scientific and clinical foundations of orthomolecular medicine, particularly in the areas of vitamin C, oxidative stress, cardiovascular disease, infectious disease, and chronic illness.





Selected books by Dr. Thomas E. Levy, reflecting decades of work in orthomolecular medicine, vitamin C, cardiovascular health, infectious disease, toxins, and chronic illness.

Dr. Levy is not only one of the pioneers of modern orthomolecular medicine, but also my mentor in this field and a close friend for many years.

Seeing orthomolecular medicine move from a discipline that was once largely ignored-and often criticized-toward one that is increasingly being heard by public health leaders and policymakers is both encouraging and inspiring.

History has shown that transformative medical ideas do not disappear simply because they are controversial.

They endure because evidence continues to accumulate.

The future of medicine should not focus solely on treating disease, but also on optimizing nutrition, restoring metabolic health, reducing toxic burden, and supporting the body's innate capacity for healing, adaptation, and resilience.

Perhaps this represents one of the most important directions for 21st-century medicine.

For those interested in learning more about Dr. Levy's work, books, lectures, and publications, please visit his homepage:

<https://www.tomlevymd.com/>



September 2025, Riordan Clinic Cancer Care Reimagined Conference, Wichita, Kansas.

Pictured from left to right: Dr. Raj Chopra, former Board Director of Riordan Clinic; Dr. Thomas E. Levy, Board Director of Riordan Clinic; Dr. Richard Z. Cheng, Board Member of Riordan Clinic; and Dr. Ron Hunninghake, Director Emeritus of Riordan Clinic.

A memorable gathering of leaders and longtime advocates of orthomolecular medicine, nutritional therapeutics, and integrative health.