

---

This article may be reprinted free of charge provided 1) that there is clear attribution to the Orthomolecular Medicine News Service, and 2) that both the OMNS free subscription link <http://orthomolecular.org/subscribe.html> and also the OMNS archive link <http://orthomolecular.org/resources/omns/index.shtml> are included.

---

**FOR IMMEDIATE RELEASE**

**Orthomolecular Medicine News Service, May 20, 2026**



## **OMNS Reminder: International Vitamin D Policy Panel — Tomorrow (Thursday)**

# VITAMIN D DOSING POLICIES UPDATE

**IPAK- EDU Guest Panel Webinar with  
GrassrootsHealth & Leading Vitamin D Scientists**

**An Expert Panel Discussion**

## EVENT PARTNERS



Crossroads Health  
Foundation



Sunlight, Nutrition,  
and Health Research  
Center



Organic & Natural  
Health Association



Power Up Nursing



International Society for  
Orthomolecular Medicine



Organic & Natural Health  
Association



Orthomolecular Medicine  
News Service

## FEATURED EXPERT PANEL



Hosted by **Jen Aliano, MS**  
Executive Director,  
GrassrootsHealth



**James Lyons-Weiler, PhD**  
IPAK; MAHA Institute



**Michael Holick, PhD, MD**  
Boston University School of  
Medicine



**Sunil Wimalawansa, MD, PhD, MBA**  
Director, Cardiometabolic &  
Endocrine Institute



**William Grant, PhD**  
Sunlight, Nutrition and  
Health Research Center



**Edward Giovannucci, MD, ScD**  
Harvard T.H. Chan School of  
Public Health



**Carol Wagner, MD**  
Medical University of  
South Carolina



**Bruce Hollis, PhD**  
Medical University  
of South Carolina



**Scott Weiss, MD**  
Harvard Medical School,  
Brigham Women's  
Hospital



**Hooman Mirzakhani, MD, PhD**  
Harvard Medical School,  
Brigham Women's Hospital



**Leigh Frame, PhD, MHS**  
George Washington  
University



**Richard Cheng, PhD, MD**  
Orthomolecular Medicine  
News Services



**Beth Sanford, DNP, RN**  
GrassrootsHealth

**THURSDAY, MAY 21<sup>st</sup>**  
**11:00am TO 1:30pm PT**

**REGISTER NOW**

[www.grassrootshealth.net/events](http://www.grassrootshealth.net/events)

For more information contact [jen@grassrootshealth.org](mailto:jen@grassrootshealth.org)



**GrassrootsHealth**  
Moving Research into Practice



**IPAK-EDU**  
Libertate per scientiam



The Orthomolecular Medicine News Service (OMNS) would like to remind readers of tomorrow's special international panel discussion hosted by GrassrootsHealth on vitamin D dosing policies, biological variability, and public health implications.


This forum will bring together leading researchers and clinicians to discuss important questions surrounding vitamin D recommendations and why individuals may respond differently despite having similar vitamin D blood levels.

Topics will include:

- Vitamin D dosing policy
- Biological variability and vitamin D resistance
- Immune and metabolic implications
- Biological barrier integrity
- Public health perspectives
- Individualized and systems-based approaches to health

The event features an international panel of experts from orthomolecular medicine, nutrition science, public health, and clinical medicine.

 Thursday, May 21, 2026

 11:00 AM - 1:30 PM PST

(Friday, May 22, 2:00-4:30 AM Beijing Time)

Registration:

<https://www.grassrootshealth.net/events/>

(Featured expert panel image below)

---

## About OMNS Interactive

OMNS Interactive is a new companion platform designed to encourage greater discussion, multimedia engagement, and interaction among OMNS editors, practitioners, researchers, and readers worldwide, while the main OMNS website continues to serve as the primary archival and publication platform.

Readers may also view and discuss this event through OMNS Interactive:

<https://omns.substack.com/p/may-21st-international-vitamin-d>