

FOR IMMEDIATE RELEASE

Orthomolecular Medicine News Service, May 3, 2026



Vitamin D Policy Panel - Advancing Public Health Dialogue

Dear Colleagues,

On behalf of the Orthomolecular Medicine News Service, we are pleased to share an upcoming public policy panel organized by [GrassrootsHealth Nutrient Research Institute](#) in collaboration with [IPAK-EDU](#).

This panel convenes leading experts in vitamin D research, clinical medicine, and public health to examine current evidence and its implications for U.S. public health policy. The discussion is intended to contribute to an open, evidence-informed dialogue relevant to agencies such as the U.S. Department of Health and Human Services, while remaining accessible to the broader public.

Event Details

- **Date:** May 21, 2026
 - **Time:** 11:00 AM - 1:30 PM (Pacific Time)
 - **Registration required for live access**
 - **Recording:** Available free after the event
 - **Registration Fee:** \$12
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Registration

👉 <https://ipak-edu.org/courses/e/GRASSROOTS-HEALTH-&-IPAK-EDU-SPECIAL-EVENT-VITAMIN-D-DOSING-POLICIES-AND-YOUR-HEALTH-p831791071>

Organizer / Host

- **Jen Aliano** - Executive Director, GrassrootsHealth Nutrient Research Institute
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Panelists & Presentation Topics

- **James Lyons-Weiler, PhD**
IPAK; MAHA Institute
The Statistical Mistake by the IOM
- **Michael Holick, PhD, MD**
Boston University School of Medicine
IOM / Endocrine Society Guidelines: History & Shortcomings
- **Sunil Wimalawansa, MD, PhD, MBA**
Former Professor of Medicine, Rutgers University
Vitamin D Fundamentals
- **William Grant, PhD**
Sunlight, Nutrition and Health Research Center
Importance of Observational Studies
- **Edward Giovannucci, MD, ScD**
Harvard T.H. Chan School of Public Health
Insights from RCTs & Mendelian Randomization
- **Carol Wagner, MD**
Medical University of South Carolina
Vitamin D Effects on Prenatal & Newborn Health
- **Bruce Hollis, PhD**
Medical University of South Carolina
Vitamin D, Lactation, Early Childhood
- **Scott Weiss, MD**
Harvard Medical School / Brigham and Women's Hospital
Pregnancy: Scientific Issues Needing to be Addressed
- **Hooman Mirzakhani, MD, MMSc, PhD**
Brigham and Women's Hospital / Harvard Medical School
Pregnancy: Trials Needed to Address Issues
- **Leigh Frame, PhD, MHS**
George Washington University
Vitamin D & Immune Health: Hospitalizations & Surgeries
- **Richard Z. Cheng, MD, PhD**
Editor-in-Chief, Orthomolecular Medicine News Service;
Board Director, Riordan Clinic
Why Clinical Responses to Vitamin D Vary: A Systems Medicine Perspective
- **Beth Sanford, DNP, RN**
Power Up Nursing
Implementation into Clinical Practice & Public Health

Discussion Focus

- Current evidence on vitamin D and health outcomes
 - Gaps and limitations in existing public health recommendations
 - Nutrient status vs. intake-based guidelines
 - Implications for chronic disease prevention and population health
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Despite decades of research, vitamin D deficiency remains widespread. This panel aims to help bridge the gap between evolving scientific evidence and current public health policy.

We are pleased to support the dissemination of this important dialogue and encourage participation from clinicians, researchers, policymakers, and the broader public.

Collaborative Outreach Partners

- Organic & Natural Health Association
 - Orthomolecular Medicine News Service
 - Institute for Natural Medicine
 - Power Up Nursing
 - Crossroads Health Foundation
 - International Society for Orthomolecular Medicine
 - Sunlight, Nutrition, and Health Research Center
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Thank you to our other collaborative partners - please contact us if you would like to partner to share about this upcoming event.

Further materials (including promotional banners and posters) will be released by the organizers.
