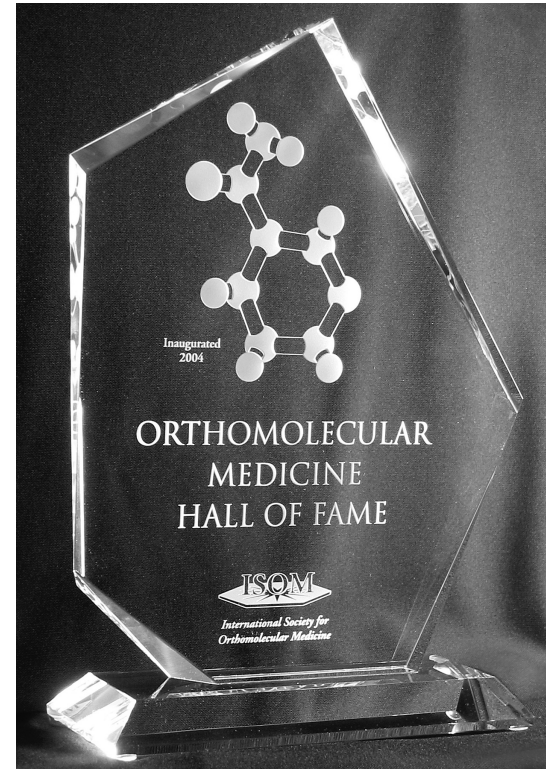
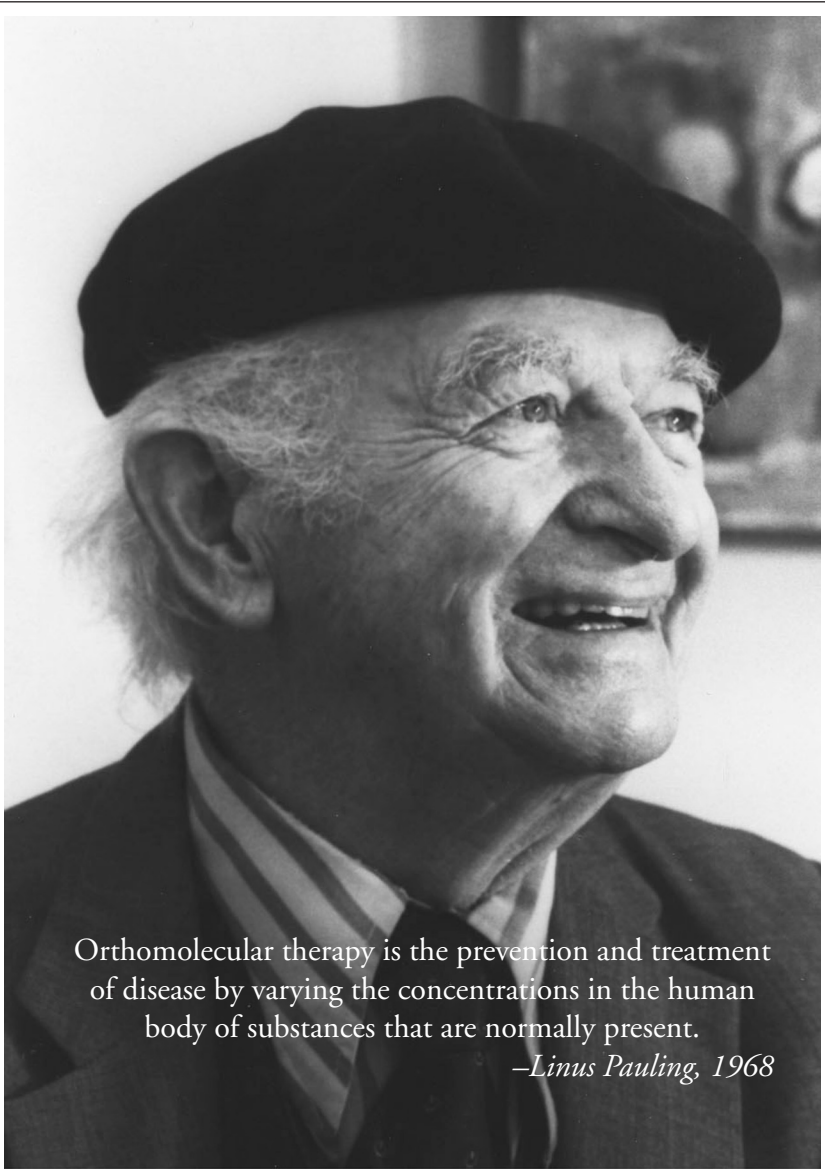


2012

ORTHOMOLECULAR  
MEDICINE  
HALL OF FAME

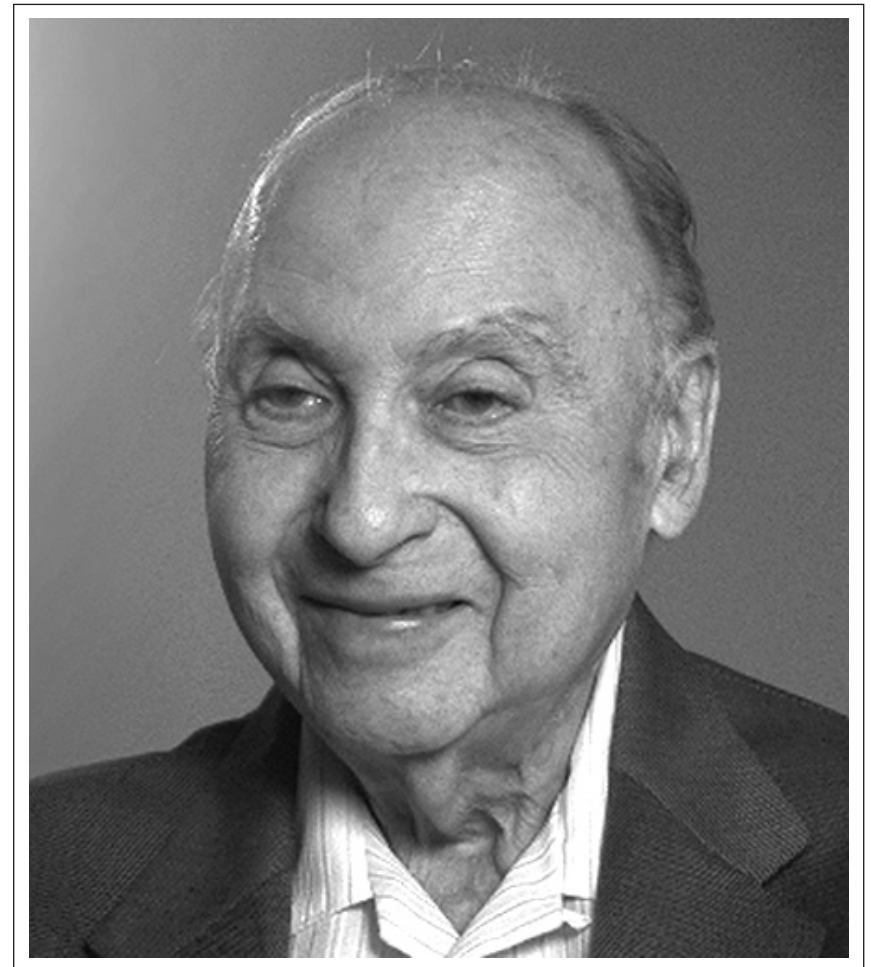


Saturday, April 28  
Fairmont Hotel Vancouver  
Vancouver, Canada



Orthomolecular therapy is the prevention and treatment of disease by varying the concentrations in the human body of substances that are normally present.

*—Linus Pauling, 1968*



Orthomolecular medicine will become the norm and the major diseases which plague us today will disappear.

*—Abram Hoffer, 2005*

2010



Casimir Funk



Bruce Ames



Harold D. Foster

2011



Ken Kitihara



Atsuo Yanagisawa

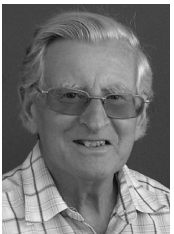


Gert Schuitemaker

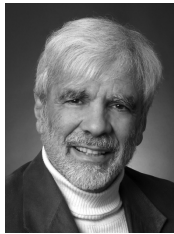


Erik D. Paterson

2012



Chris Reading



Jonathan V. Wright



Alan R. Gaby



Steven Carter

## Program

### *Honouring Our Orthomolecular Pioneers*

*Hosted by  
Steven Carter*

6:30 pm Reception

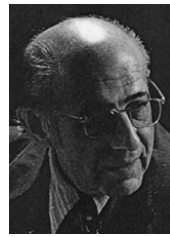
7:00 pm Welcome & Dinner

8:00 pm Induction Program

### Orthomolecular Medicine Hall of Fame 2012 Inductees

Chris Reading  
Jonathan V. Wright  
Alan R. Gaby  
Steven Carter

2007



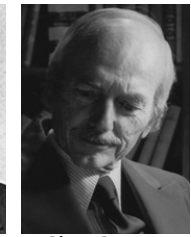
Henry Turkel



Fannie Kahan



Ewan Cameron



Glen Green



Bernard Rimland



Masatoshi Kaneko

2008



Joseph Goldberger



Adelle Davis



Carlton Fredericks



Robert Cathcart

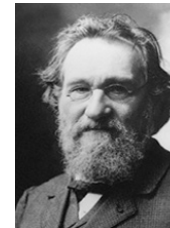


Richard Kunin



Michael Lesser

2009



Ilya Metchnikov



Jeffery Bland



Archie Kalokerinos



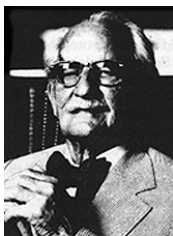
Thomas L. Cleave



Hugh MacDonal Sinclair



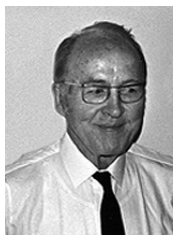
2004



Irwin Stone



Evan Shute



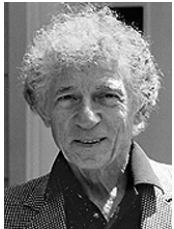
Wilfrid Shute



Roger Williams



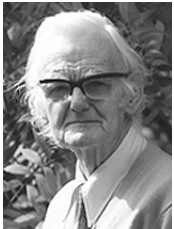
Carl Pfeiffer



Alan Cott



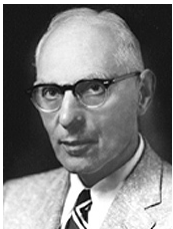
William Kaufman



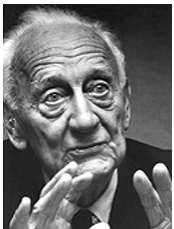
Humphry Osmond

\*not shown  
Linus Pauling\* William McCormick\*

2005



Frederick Klenner



Albert Szent-Györgyi



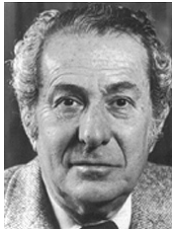
Cornelis Moerman



Max Gerson



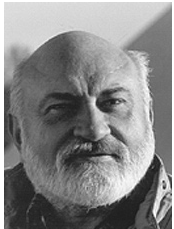
Josef Issels



Emanuel Cheraskin



David Horrobin



Hugh Riordan

2006



Bill Wilson



Ruth Flinn Harrell



Arthur Sackler



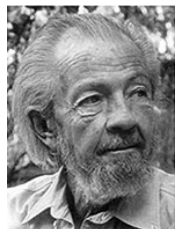
Max Vogel



Abram Hoffer



Lendon Smith



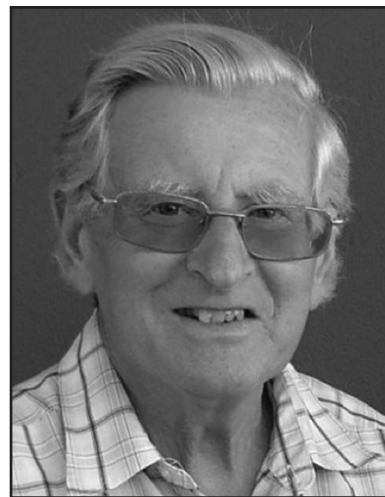
David Hawkins



Theresa Feist

# Chris Reading, MB

1938 – 2011



Chris Reading was a dynamic force in the International Holistic Health Care community, tirelessly caring for his many thousands of patients and helping hundreds of thousands of others through his writings. He was also an original thinker, many of whose ideas were decades ahead of their time. Finally, Dr. Reading was a courageous practitioner, who fought for the beliefs and values he championed in practicing orthomolecular medicine, at its very inception, in Australia.

Christopher Michael Reading was born in his parents' farmhouse in the village of Boxted on the Essex-Suffolk border in England. In 1954 the family emigrated to Australia, where Chris gained a Commonwealth Scholarship to study Science at the University of Sydney. There he remained for 11 years, living at St Paul's College, and taking first his Bachelor's Degree, then a diploma in agricultural science, and finally his medical qualifications. After his internship, he decided to study psychiatry, the field that was to become his life's passion. He became a Fellow of the Royal Australian and NZ College of Psychiatrists, and of the Australian College of Nutritional and Environmental Medicine and was a contributor to the SOMA Health Association of Australia Newsletter.

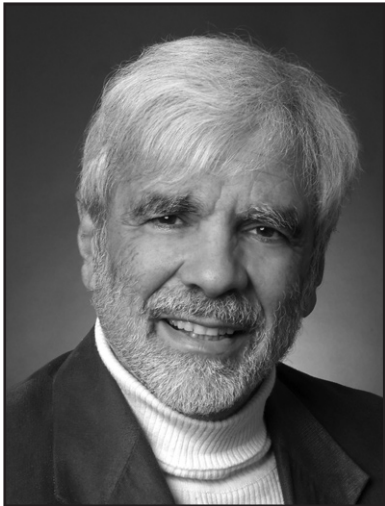
A regular correspondent with Dr. Abram Hoffer, Chris reported on Orthomolecular activities in Australia in the Journal of Orthomolecular Medicine and contributed articles to the Journal, most recently in 2005. Of Chris' 2002 book *Trace Your Genes to Health: Use Your Family Tree to Guide Your Diet, Enhance Your Immune System and Overcome Chronic Disease*, Dr. Hoffer wrote: "This first book on genetic sleuthing and treatment will be one of the classics of our time."

Many Journal readers are aware of Chris' pioneering and dedicated work as he explored the role of diet, allergies, vitamins and genetics across a wide range of illnesses and conditions. This was never merely an abstract idea to him: he lived to help others and to alleviate suffering.

—with material from David Richards and Michael Andrews-Reading

# Jonathan V. Wright, MD

b. 1945



*Dr. Wright is one of the smartest clinicians I have ever met. His remarkable insights and medical wisdom have proven miraculous for so many.*

*– Joseph Pizzorno, ND*

A Harvard University and University of Michigan graduate, Jonathan V. Wright is a fore-runner in research and application of natural treatments for healthy aging and illness. Along with Alan Gaby, MD, he has since 1976 accumulated a file of over 50,000 research papers about diet, vitamins, minerals, botanicals, and other natural substances from which he has developed non-patent medicine (non-“drug”) treatments for health

problems. Since 1983, Drs. Wright and Gaby have regularly taught seminars about these methods to tens of thousands of physicians in the USA and overseas.

He was the first to develop and introduce the use of comprehensive patterns of bio-identical hormones (including estrogens, progesterone, DHEA, and testosterone) in 1982 and (at Meridian Valley Laboratory) directed the development of tests to ensure their safe use. He teaches use and laboratory monitoring of bio-identical hormones at several seminars each year.

He also originated successful natural treatment for elimination of childhood asthma, popularized the use of D-mannose treatment for E. coli urinary tract infection, developed effective natural treatment for seborrheic dermatitis, allergic and viral conjunctivitis, and Osgood-Schlatter’s disease, and discovered the effect of cobalt and iodine on estrogen and other steroid detoxification.

Dr. Wright founded the Tahoma Clinic (1973), Meridian Valley Laboratory (1976), and the Tahoma Clinic Foundation (1996). Tahoma Clinic was established to approach disease by natural means and emphasize correction of imbalances in the body that lead to disease. The infamous 1992 FDA Tahoma Clinic “raid” (“The Great B-Vitamin Bust”) was a major impetus for Congressional reform of vitamin/mineral regulation. Dr. Wright continues to be an advocate for patient freedom of choice in healthcare.

Internationally known for his books and medical articles, Dr. Wright has authored or co-authored 11 books, selling over 1.5 million copies, with two texts achieving best selling status: *Book of Nutritional Therapy* and *Guide to Healing with Nutrition*. He authors “Nutrition and Healing”, a monthly newsletter emphasizing nutritional medicine that reaches over 118,000 in the USA, and another 15,000 or more worldwide.

# Alan R. Gaby, MD

b. 1950



*This physician, teacher, scientist, researcher, and writer is a modern Renaissance man.*

*–Bill Manahan, MD*

Alan Gaby received his undergraduate degree from Yale University, his M.S. in biochemistry from Emory University, and his M.D. from the University of Maryland. He was in private practice for 17 years, specializing in nutritional medicine.

He is past-president of the American Holistic Medical Association and gave expert testimony to the White House Commission on Complementary and Alternative Medicine on the cost-effectiveness of nutritional supplements.

He is the author of *Preventing and Reversing Osteoporosis* (Prima, 1994), and *The Doctor’s Guide to Vitamin B6* (Rodale Press, 1984), the co-author of *The Patient’s Book of Natural Healing* (Prima, 1999), and has written numerous scientific papers in the field of nutritional medicine. He has been the contributing medical editor for the *Townsend Letter for Doctors* since 1985, and contributing editor for *Alternative Medicine Review* since 1996.

Over the past 30 years, he has developed a computerized database of more than 26,000 individually chosen medical journal articles related to the field of natural medicine. He was professor of nutrition and a member of the clinical faculty at Bastyr University in Kenmore, WA, from 1995 to 2002. He is Chief Science Editor for Aisle 7 (formerly Healthnotes, Inc). He has appeared on the CBS Evening News and the Donahue Show. In 2010, Dr. Gaby completed a 30-year project, a textbook of nutritional medicine, which is schedule for release in November.

# Steven Carter

b. 1954



*Whatever your hand finds to do, do it with all your heart.*

—Ecclesiastes 9:10

With the exception of Abram Hoffer himself, no one person has had as much influence on the Canadian orthomolecular movement as our current executive director, Steven Carter. Responding to the invitation of Abram Hoffer, Steven came to the organization in 1985 from his position as editor of *Alive Magazine* in Vancouver. He inherited an organization consisting of a small core group of like-minded orthomolecular doctors, a thin professional journal and a modest annual meeting. From these roots, Steven patiently nurtured and grew something greater than Abram could ever have imagined. He became

the Executive Director of the International Schizophrenia Foundation, the Managing Editor of the *Journal of Orthomolecular Medicine*, and the International Society for Orthomolecular Medicine. In 1987 Steven took on the challenge of rebuilding the dormant CSF, envisioning a revived organization leading the way in complementary and alternative medicine (CAM). He moved the CSF office from Regina to Vancouver to be closer to the growing CAM environment. His duties included serving as Director of the annual CSF meeting and re-organizing and expanding the annual conference.

In 1988, Steven changed the conference focus toward health-care professionals, renamed it “Nutritional Medicine Today,” and, in 2006, brought it to its present form: the Annual International “Orthomolecular Medicine Today” Conference. Under Steven’s leadership, OMT attracts over 250 people to Canada, including delegates, speakers and exhibitors from 18 countries.

Serving in the multiple roles of educator, editor, publisher, planner, facilitator and producer, Steven has worked to establish diet, nutrition and lifestyle choices as the cornerstones of optimum health, and consistently kept professional and public attention focused on the importance of individual responsibility in health care. His commitment to CAM is demonstrated not only through his staying power but also in his ongoing effort to raise awareness of CAM and to educate Canadians to incorporate health care approaches that may not be covered by the medical system. After 25 years, Steven’s mission has been a great success and our organization is on its strongest footing, displays the energy of its convictions and has a clear path laid out in the future.