

A Review of Neural Therapy — Rapid Therapeutic Response for Nerve and Fascial Lesions

William J. Faber, D.O.¹

The Importance of Scars in Health

The function of scars is often misunderstood. Scars are a necessary and an important part of the healing process. Without the ability to make scars one would die either of bleeding or of other complications such as infection. Although scars are necessary and important, the scars themselves must also heal properly or other problems may arise.

Scars Serve a Mechanical Function

Scars serve a mechanical function; they hold tissue together. Like other mechanical functions, problems can arise with scars. While a scar may rupture, the more common mechanical problem with scars is that the scar may be too tight. When this occurs layers of tissue are not able to move freely. This may result in pain. It may also result in numbness or loss of function. Many times the connection between the loss of function and the scar may not be apparent. Nonetheless, scars can be a cause of loss of function.

A good analogy describing the mechanism by which scars cause mechanical dysfunction was given by James Carlson, D.O. of Knoxville, Tennessee. Dr. Carlson explained that if you patch a balloon, the thickening caused by the addition of the patch to the balloon wall controls the entire shape of the balloon as the balloon is blown up. The patch exerts tension which causes a pulling or tightness which ultimately alters and controls the entire shape of the balloon. In a similar manner, when a person has a scar and then gains weight, the probability of that scar causing dysfunction increases. The human body is encased in connective tissue called fascia. Dr. Carlson emphasizes that the entire

body becomes a slave to the mechanical pulling a scar can create as body size increases, because the connective fascia of the body is similar to the walls of a balloon.

George Goodheart, D.C., a well-known chiropractor in Detroit, explains this concept as follows. Dr. Goodheart states that if a muscle, tendon, skin or fascia becomes tightened in one area it can result in problems in other, even remote areas of the body. This tightness can result in loss of motion, contracture, loss of strength, abnormalities of posture, numbness, coldness, tingling and/or alterations in sensation. He uses the following analogy. If someone pulls down hard on the right side of the shirt you are wearing it makes it more difficult for you to raise your right arm. Treating your right arm would do little to relieve the decreased range of motion of the right arm as long as the tension is exerted on your shirt. Loosening the tension on your shirt hem, however, does effectively produce a marked increase in the range of motion of your right arm because you are getting to the cause of the problem and fixing it. Dr. Goodheart further adds that scars can also cause alteration of nerves, lymph, blood and nutrient flow not only to the scar area but also to remote areas of the body.

At the Milwaukee Pain Clinic we often see patients whose backs are very sensitive, even to light touch, after they have had a back surgery. In many of these cases, we have found that the scar has been causing much of the extreme pain and sensitivity. Fortunately, treatment with anesthetics such as procaine, Hdocaine, etc. injected into the scar, connective tissue and nerves frequently results in a marked decrease in the pain and improvement in function.

6529 W. Fond de Lac Avenue, Milwaukee, WI 53218.

Scars Interrupt Electrical Flow

German physicians Ferdinand and Walter Huenke discovered that procaine and lidocaine anesthetics caused immediate resolution of pain, function and symptoms when injected into scars which they stated were "interference fields". These interference fields create interruptions of the normal nerve cell electrical balance. They found that fractures, infections, and needle pricks also could cause interference fields and result in pain, loss of range of motion and disability. The Huenkes were the first to describe the procedure by which procaine and lidocaine restored the nerve electrical imbalance and corrected the problems, relieving the patient of all symptoms immediately. They called this reaction the "lightning reaction". By analogy, they said it was like fixing an electrical short circuit. When the short is eliminated the lights go on immediately. They named this procedure *Neural Therapy*.

Actual Case Histories

From *Facts About Neural Therapy According to Huneke* by Peter Dosch, M.D. (20th German Edition and 1st English Edition by Haug Publishers) is the story of Dr. H.S., a veterinary surgeon age 31. He suffered from flaccid paralysis of both legs for 2 years and could no longer practice his profession. He was treated by a number of large medical centers with many different drugs and methods and ultimately discharged as incurable. His history revealed frequent sore throats, 20 shrapnel scars and provided information that paralysis had first occurred about a week after he had accidentally pricked his finger with an infected hypodermic needle. Specialists had stated that such an everyday injury could not have caused his paralysis. Consequently, his insurance carrier rejected his claim for compensation.

When treating this patient they first did a test injection to his chronically inflamed tonsils; this produced no reaction. But a few drops of procaine injected in the injured fingertip, in which no visible change was seen, were enough to make the paralysis vanish permanently and completely within minutes of the injection. Had this patient failed to mention this pin prick with the

hypodermic, he would have remained chained to his wheelchair for life. Dr. H.S. has now been back to work in his profession for the last 14 years without any relapse. Needless to say, he now uses procaine on his animal patients. He has obtained a number of perfect cures by the Huenke phenomenon and thus offers living proof contrary to the objections of opponents who claim that his cure was based upon suggestion or some kind of hypnotism. Animals do not suffer from imaginary or emotional disorders. Thus he has proved that the healing action in the Huenke phenomenon has nothing to do with the psyche but is due entirely to organic processes. This is a unique and particularly fortunate case, which had been diagnosed as hereditary paroxysmal paralysis. Had he in fact suffered from this diagnosis, neural therapy would not have been an indicated treatment and would not have cured the condition. Fortunately, his condition was not hereditary but was a disorder caused by an interference field which presented as a hereditary illness. This illustration is given not to suggest that Neural Therapy is a panacea but to note that illness and disease is very complex and we often have to explore even seemingly innocuous events in the patient's history to find the causes.

Severe Back Pain Resolved in Moments

Carlos R. was working as a machinist when he experienced searing pain in his chest and back. An ambulance was called and he was rushed to a medical center. He had x-rays, an electrocardiogram, blood tests and was seen by the emergency room doctor, a cardiologist and a gastroenterologist. He was diagnosed as having irritated nerves in the back and chest. For 5 days he was unable to sleep, eat, work or sit without severe discomfort. After Carlos came to the Clinic and told Dr. Faber his story, Dr. Faber explained that he thought Carlos was an ideal candidate for neural therapy. He told Carlos that most likely his pain would be relieved in minutes after the application of neural therapy and asked for Carlos' permission to film the therapy. Carlos' treatment was videotaped and is available for viewing at the Clinic. Carlos received the therapy and within minutes his pain was relieved. After

two weeks he had a recurrence of slight pain and returned for a repeat application of neural therapy which resolved the pain immediately and permanently.

Major Spinal Surgery Avoided with Scar and Nerve Therapy

In another case, Helen suffered 6 neck fractures as a child and nearly died from her injury. She subsequently had a spinal fusion. At 35 years of age she developed pain in the neck and arm which made it impossible for her to work. After examination at 2 large medical centers she was told she had a herniated disc at the base of her fusion and that she needed to have the disc removed and to have long rods put into her back to stabilize her spine. She was further told she may suffer paralysis as a result of the surgery. Since she did not like this alternative, she consulted Dr. Faber to explore other alternatives. Dr. Faber told her that he felt that the scar from her original surgery was dysfunctional and that the nerve roots also needed to be corrected with neural therapy injections. Helen asked whether this therapy also had a side effect of paralysis. Dr. Faber explained that side effects with neural therapy are rare and if they should occur they are temporary and minor.

Helen decided to try neural therapy and experienced total relief in minutes. Several follow-up treatments were given to resolve some minor symptoms which returned. Repeat applications of neural therapy resulted in permanent resolution of the symptoms. Helen was so pleased with her result she made a film to inform others that there are effective alternatives to spinal surgery.

Indications of Scar Dysfunction

- Any scar which is painful, numb, feels funny or is tingling is a candidate for scar therapy.
- Any scar which is extra sensitive to touch — this is particularly true of spinal scars and herpes scars.
- Any scar which does not return to normal white or pale color in 2 years. In other words if the scar has pink, red or purple color in it after two years these scars are candidates for neural therapy.
- If the scars are totally normal looking

they still may cause dysfunction. An experienced therapist is needed here to determine if these seemingly innocent scars are causing or contributing to illness or dysfunction in some remote area of the body.

- Scars which are thickened, tight, which have cross lines in or around them or have adhered to the underlying tissue are very suspect.
- Any scar which muscle tests weak or tests abnormal with electro-accupuncture equipment.
- Any boil or infection site may need neural therapy correction even though it has been healed for years.
- Any fracture or severe bruise may need neural therapy correction.
- Any needle puncture or sliver may need neural therapy.
- Scars that are internal such as on the cervix or tonsils may need correction.

Additional Facts

Neural therapy scar correction works regardless of how many years they have been present. Total resolution of symptoms is expected for at least 20 hours after injections. If symptoms return before that period, a toxic condition is usually the cause; such as constipation, digestive difficulties, liver, kidney or lymph dysfunction, infections, drug and medication usage, yeast, toxic chemical exposure and other toxic and biochemical exposure or defects. These must first be corrected and then the neural therapy can be successful.

Scars will frequently become more attractive as a side effect of the therapy. Sometimes a person will have such extensive scarring that several sessions are needed just to treat all the scars. The treatment needs to be repeated until the therapist feels the scars are entirely normalized.

In summary, neural therapy may provide relief and restore function when other methods have failed. It depends upon an adequate state of biochemistry in the body to be permanently effective. We have many other cases demonstrating the effects of neural therapy but we are presenting just these few because of space limitations.

Consult the following books for further information.

1. *Manual of Neural Therapy According to Huenke.* Peter, Dosch, M.D., English Edition, Haug Publishers, Heidelberg, Germany, 1984. (Available from M.E.D.-Servi Systems Canada Ltd., P.O. Box 13009, Ka-nata, Ontario, Canada K2K 1X3). About \$90 U.S.
2. *Facts About Neural Therapy According to Huenke, Brief Summary for Patients.* Peter Dosch, M.D., Haug Publishers — Also available from M.E.D.-Servi Systems. About \$9 U.S.