Orthomolecular medicine will become the norm and the major diseases which plague us today will disappear.

—Abram Hoffer, 2005

Saturday, April 29th
Omni King Edward Hotel
Toronto, Canada
Orthomolecular therapy is the prevention and treatment of disease by varying the concentrations in the human body of substances that are normally present.

—Linus Pauling, 1968
Program

Honouring Our Orthomolecular Pioneers

Hosted by
Steven Carter

6:30 pm  Reception
7:30 pm  Welcome & Dinner
8:30 pm  Induction Program

Orthomolecular Medicine Hall of Fame
2017 Inductees

Osami Mizukami
Stephen Lawson
James Greenblatt
Jonathan Prousky

2010
Casimir Funk
Bruce Ames
Harold Foster

2011
Erik Paterson
Ken Kitahara
Atsuo Yanagisawa
Gert Schuitemaker

2012
Chris Reading
Jonathan Wright
Alan Gaby
Steven Carter

2013
Hiroyuki Abe
Ronald Hunninghake
Andrew Saul

2014
John Ely
Alexander Schauss
Patrick Holford
Osamu Mizukami, MD, PhD, is a leading pioneer in Orthomolecular Medicine in Japan. He is the President of the Japanese Society for Orthomolecular Medicine, and the Chief Physician and Director of Health Promotion Clinic in Tokyo. He graduated from the Hirosaki University School of Medicine in 1973, and since then he has worked as an integrative internist in Japan. He received a PhD from the Tokyo Medical and Dental University, and a DPH from Loma Linda University.

Forty years ago, following the work of Linus Pauling, Dr Mizukami started using high-dose IV vitamin C in his clinic, and soon became one of the leading Orthomolecular oncologists in Japan.

In 2007, he began to practice orthomolecular psychiatry and Dr Hiroyuki Abe transferred all of his psychiatry and autism patients over to him. He has incorporated neurotransmitter and Brain Mapping technologies into his treatment approach, with exciting results.

He has published fifteen books, including Create Health, and High-Dose IV Vitamin C for Cancer Patients. As a leading advocate and physician in Japan, Dr Mizukami knows orthomolecular medicine stands as an indispensable basic protocol in treating patients.
Stephen Lawson was born in Pennsylvania and raised in a small seacoast town north of Boston. As a child, he spent summers at an Audubon day camp and on the Maine coast near the tidal pools that inspired Rachel Carson, a pioneering environmentalist. A graduate of Stanford University, Steve joined the Linus Pauling Institute of Science and Medicine in 1977 and worked with Linus Pauling on several projects.


From 1988 to 1991, Steve served as executive assistant to the president, Emile Zuckerkandl, and, in 1991, as executive officer. In 1993 he was appointed chief executive officer and grappled with financial, legal, zoning, and other critical issues facing the Institute. He organized the move of the Institute to Oregon State University in 1996 and then served as LPI's administrative officer and editor of the research newsletter.

Steve served on the steering and art committees for OSU’s Linus Pauling Science Center and was involved in LPI’s fund-raising and strategic, long-term planning. He served on the Select Advisory Committee for the Linus Pauling Exhibition, which was seen by millions of people worldwide over six years. He often gives lectures on orthomolecular medicine and Linus Pauling to graduate students and civic groups. Steve annotated and added an afterword to the 20th anniversary edition of Linus Pauling’s bestseller *How to Live Longer and Feel Better* and contributed a preface and appendix to the new 21st Century Edition of *Cancer and Vitamin C* by Ewan Cameron and Linus Pauling. He currently holds a courtesy appointment as an assistant professor in OSU’s Department of Biomedical Sciences.

Since Linus Pauling’s death in 1994, Steve has regularly attended the Orthomolecular Medicine Today Conference, bringing exciting updates from the LPI and facilitating the participation of many LPI faculty as speakers at OMT. Steve has been an indefatigable spokesman for Orthomolecular Medicine.
Jim started medical school at George Washington University in 1980. Frustrated with the lack of training in nutrition, he organized the first elective on alternative medicine in any medical school in the US. The course was titled "The Evolution of the Biomedical Model"; he invited speakers to teach medical students about nutrition, acupuncture, mindfulness, yoga, even orthomolecular psychiatry to help students understand the importance of integrative medicine.

After receiving his medical degree, Jim completed a year of Pediatric training and two years of adult psychiatry. He then went on to a two-year fellowship in child and adolescent psychiatry at John Hopkins University School of Medicine. In Boston, he founded his first Integrative Medicine clinic, Comprehensive Psychiatric Resources, which provided patient-centered, orthomolecular and integrative care for children and adults, which attracted patients from all around the world seeking help for mental illness.

In 2006, at the American Psychiatric Association Annual Conference in Toronto, Jim escaped the maze of pharmaceutical displays to find a small exhibit in the back of the hall and shook hands with Steven Carter. This meeting started a long-term relationship with ISOM and provided Jim with a community to support his passion not only to treat patients but to educate clinicians. He has since taught dozens of CME courses with the Canadian Society for Orthomolecular Medicine.

Jim is the author of Answers to Anorexia, The Breakthrough Depression Solution and Answers to Binge Eating and Nutritional Lithium: The Cinderella Story. Jim's book, Finally Focused, to be published in May 2017, describes the integrative treatment of ADHD. He is also the editor of Integrative Therapies for Depression: Redefining Models for Assessment, Treatment and Prevention, a professional textbook.

Jim began seeing patients suffering from mental illness 30 years ago. Fifteen years ago, Jim became the Chief Medical Officer and Vice President of Medical Services at Walden Behavioral Care in Waltham, Massachusetts, one of the first healthcare centers in the country to provide a full continuum of care for patients with eating disorders. Every year Jim teaches Psychiatric residents at Harvard University, Tufts University, Dartmouth College, the University of Connecticut, and the University of Massachusetts. Jim starts all lectures with the same question: How many of you know what Pellagra is? Rarely does anyone know the answer, so Jim then begins talking about the story of pellagra, orthomolecular medicine and Dr. Abram Hoffer.

Jonathan Prousky received his undergraduate degree from the University of Toronto (physical and health education), and his N.D. (naturopathic doctor) degree from Bastyr University. He also obtained Masters degrees from the University of London (primary health care) and Yorkville University (counselling psychology). He has been in private practice for almost two decades, and has primarily focussed his clinical practice on the evaluation and management of mental health with integrative orthomolecular and botanical (plant-based) medicines.

Jonathan is the current Chief Naturopathic Medical Officer at the Canadian College of Naturopathic Medicine (Toronto, ON), and has been employed at the college since 2000. While his primary role is to oversee the health care provided to patients, and monitor best practices and the medical procedures used at the college and the college's clinics, he has been a spirited lecturer, professor, and mentor to many students and interns for almost 17 years.

In 2009 Jonathan served as the spokesperson for the Canada-wide Orthomolecular Health Campaign, giving dozens of television, radio and print interviews and participating in other publicity engagements. With the Canadian Society for Orthomolecular Medicine, he presented several medical seminars in orthomolecular treatment for mental disorders. He has lectured extensively on mental health and other topics throughout North America to medical doctors, naturopathic doctors, other health care providers and patients at numerous medical conferences and health fairs.

Following the death of Abram Hoffer, Jonathan assumed the editorship of the Journal of Orthomolecular Medicine. He was the first naturopathic doctor to receive the “Orthomolecular Doctor of the Year” award in 2010.

Jonathan is the author of Anxiety: Orthomolecular Diagnosis and Treatment (2006), Naturopathic Nutrition (2006), Hoffer & Prousky on Anxiety (2009), the Vitamin Cure for Chronic Fatigue Syndrome (2010), and the Textbook of Integrative Clinical Nutrition (2012). He has over 50 publications in peer reviewed medical journals from the complementary and alternative discipline.