## 2013

# ORTHOMOLECULAR MEDICINE Hall of Fame



Saturday, April 27 Fairmont Royal York Hotel Toronto, Canada





Orthomolecular medicine will become the norm and the major diseases which plague us today will disappear. *—Abram Hoffer, 2005* 

### Program





**Casimir Funk** 

Harold Foster **Bruce Ames** 











Chris Reading

Jonathan Wright

Alan Gaby

Steven Carter

Honouring Our Orthomolecular Pioneers

*Hosted by* Steven Carter

7:00 pm	Reception
7:30 pm	Welcome & Dinner
8:30 pm	Induction Program

Orthomolecular Medicine Hall of Fame 2013 Inductees

> Hiroyuke Abe Ronald E. Hunninghake Andrew W. Saul











Glen Green





2007





Joseph Goldberger Adelle Davis Carlton Fredericks Robert Cathcart





Richard Kunin







Jeffery Bland Archie Kalokerinos Thomas Cleave

2009

















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#### Hiroyuki Abe, MD b. 1938



Tiroyuki Abe, MD, PhD, is a leading pioneer in Orthomolecular Medicine in Japan. Encouraged and inspired by Abram Hoffer, he established the Japanese Society for Orthomolecular Medicine, serving as cofounder and Honorary Chairman, with Tsuyoshi Kitahara as Director and Abram Hoffer as Honorary Member. Dr. Abe has incorporated into his practice and teaching the work of many Orthomolecular pioneers including Carl Pfeiffer, Hugh Riordan, Richard Kunin, and Michael Lesser. He has attended the Orthomolecular Medicine Today Conference for the last decade and brought what he has learned to Japan.

Dr. Abe graduated from Sapporo

Medical University in 1964. During his surgical training, he was appointed a Clinical Fellow in Surgery at Philadelphia Children's Hospital and at Cleveland Clinic. After returning to Japan, he was appointed as Lecturer at Juntendo University in 1975 and as Associate Professor of Radiology at Nihon University School of Medicine in 1981, while also a Visiting Professor in Diagnostic Radiology at Stanford University School of Medicine and in Cardiology of University of California San Francisco. Dr. Abe is widely published in leading professional journals and he is the author of many chapters on cardiac surgery for medical textbooks.

Dr. Abe opened new medical frontiers for cancer treatment, with personalized medicine based on molecular diagnostics as his underlying theme. Dr. Abe developed a dendritic cell-based cancer vaccine, and uses IV therapy, onco-hyperthermia, immunotherapy and other orthomolecular treatments.

Orthomolecular Psychiatry is Dr Abe's other key interest. Following Abram Hoffer, he treats many schizophrenia and autism patients.

Dr. Abe is Founder, CEO and Medical Director of Hakushin Koseikai Medical Foundation and Director of Life Science Research Institute. He is also Chairman of International Society of Personalized Medicine.

Additionally, Dr. Abe has contributed to the advancement of Orthomolecular Medicine as the author of New Ways to Treat Autism, and as editorial supervisor for the Japanese editions of The Brain Chemistry Diet (Michael Lesser), The Puzzle of Autism (Garry Gordon and Amy Yasko) and What Really Causes Schizophrenia (Harold Foster).

#### Ronald E. Hunninghake, MD b. 1951

### Andrew W. Saul, PhD b. 1955



Dr. Ron exemplifies the qualities that make an exceptional orthomolecular physician. In addition to his understanding of nutritional medicine, he understands how human relationships influence health and disease. He has a personal warmth, which enables him to connect immediately with patients. –Jack Challem

Ron Hunninghake graduated from the University of Kansas School of Medicine in 1976. Board certified in Family Medicine, his early practice years reflected a conventional perspective seeking a wellness expression. All through medical school he had annoyed

his professors with a burning question: "When will we learn more about health?"

His quest for a new paradigm of true health care was fulfilled in his association with Dr. Hugh Riordan which began in 1989. Dr. Riordan's synthesis of patient as co-learner, his detective approach to identifying root causes rather than simply treating symptoms, and his own passion to find orthomolecular treatments resonated with Dr. Ron's original insight of using health as the ultimate antidote for chronic disease.

With Dr. Riordan's untimely passing in 2005, Dr. Ron was appointed Chief Medical Officer of what is now the Riordan Clinic. In the challenging years that followed, he advanced the scope and vision of the clinic, inspiring staff and patients as co-learners to take better care of themselves, form new and sustainable habits of health, and to assume greater responsibility for their own health care.

Serving as "the face of the Riordan Clinic," Dr. Ron drew upon a vast array of its original orthomolecular research to eloquently present Riordan's message of hope to audiences in Japan, Spain, the Netherlands, Canada and Mexico, as well as extensively in the United States. He hosted his third IV Vitamin C and Cancer Symposium in 2012, gathering doctors from all over the world to lead a new generation of orthomolecular researchers and clinicians.

The quality that makes Ron a strong and effective leader can be summed up in one word: compassion. His strong commitment and devotion to leading the Riordan Clinic and his pursuit of excellence are unmatched. He is loved and respected by all who meet him.

"A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. He does not set out to be a leader, but becomes one by the equality of his actions and the integrity of his intent." Douglas MacArthur



Andrew Saul is one of the best reviewers I have ever known. He is an amazing scientist and contributor. – Abram Hoffer, MD, PhD

Andrew W. Saul was born and raised in Rochester, New York. He entered university at the age of 15. After study at the Australian National University and the Canberra Hospital, he received his Bachelor of Science from SUNY Brockport at age 19. He then did graduate work at the University of Ghana, Legon, West Africa, and also at the Brigham Hospital in Boston. Shortly thereafter, he began lecturing on the history of nutrition research and vitamin therapy, and was in private practice as a consultant

for the next 35 years. He continued his education by winning three New York Empire State Teaching Fellowships, earning a Master of Science in 1989. Saul taught nutrition, addiction recovery, health science, and cell biology for nine years for the State University of New York, and clinical nutrition for New York Chiropractic College. He completed his non-traditional PhD in Ethology (behavioral biology) in 1995. Based on his dissertation, he created www.DoctorYourself.com in 1999. This, and his writing and publishing the Doctor Yourself Newsletter, brought him to the attention of Dr. Abram Hoffer. Saul served as a columnist for the *Journal of Orthomolecular Medicine* beginning in 2002, Contributing Editor from 2003-2006, and Assistant Editor from 2006-2010. He remains on the Editorial Board of the *Journal of Orthomolecular Medicine Medicine* and of *Orthomolecular* magazine (Netherlands).

Saul testified before the Parliament of Canada in 2005 on behalf of the safety of nutrition therapy. That same year, he founded the free-access, peer-reviewed Orthomolecular Medicine News Service and has served as Editor-In-Chief for over 135 issues. In 2006, *Psychology Today* named Saul as one of seven natural health pioneers. He has won the Citizens for Health Outstanding Health Freedom Activist Award, is an Honorary Director of the Gerson Institute, and is featured in the documentary *Dying to Have Known: The Evidence Behind Natural Healing* and the very popular *FoodMatters* movie. He has authored or co-authored fourteen books, including four with Abram Hoffer. Saul is currently Editor of Basic Health Publications' popular *Vitamin Cure* book series, with over a dozen titles in print or in progress.